



Week One



Week Two

M O N D A Y	<p><i>Morning Tea</i> Fruit Platter & Milk</p> <p><i>Lunch</i> Creamy Tuna & Spinach Pasta Wholemeal Bread and butter</p> <p><i>Afternoon Tea</i> Mixed Platter Breakfast Cereals & dried fruit</p>	<p><i>Morning Tea</i> Fruit Platter & Cheese</p> <p><i>Lunch</i> Fish fingers, cheese & salad Wholemeal Bread and butter</p> <p><i>Afternoon Tea</i> Banana Piklets</p>
T U E S D A Y	<p><i>Morning Tea</i> Fruit Platter & Milk</p> <p><i>Lunch</i> Beef & vegetable chow mein Wholemeal Bread and butter</p> <p><i>Afternoon Tea</i> Apple Turnover and custard</p>	<p><i>Morning Tea</i> Fruit Platter & milk</p> <p><i>Lunch</i> Beef & veggie sausage rolls with mash Wholemeal Bread and butter</p> <p><i>Afternoon Tea</i> Fruit custard parfaits with strawberries</p>
W E D N E S D A Y	<p><i>Morning Tea</i> Fruit Platter & Cheese</p> <p><i>Lunch</i> Honey Soy chicken with hokkien noodles & veg Wholemeal Bread and butter</p> <p><i>Afternoon Tea</i> Two Fruits & yoghurt</p>	<p><i>Morning Tea</i> Fruit Platter and Milk</p> <p><i>Lunch</i> Potato & leek bake with salad Wholemeal Bread and butter</p> <p><i>Afternoon Tea</i> Fruit bread & milk</p>
T H U R S D A Y	<p><i>Morning Tea</i> Fruit Platter & Milk</p> <p><i>Lunch</i> Ham, veggie & noodle cups Wholemeal Bread and butter</p> <p><i>Afternoon Tea</i> Dips, cheese with toasted pita bread</p>	<p><i>Morning Tea</i> Fruit Platter & milk</p> <p><i>Lunch</i> Tuna and Pasta salad Wholemeal Bread and butter</p> <p><i>Afternoon Tea</i> Apple Crumble & cream</p>
F R I D A Y	<p><i>Morning Tea</i> Fruit Platter & Cheese</p> <p><i>Lunch</i> Spaghetti Bolognese Wholemeal Bread and butter</p> <p><i>Afternoon Tea</i> Sultana Sushi</p>	<p><i>Morning Tea</i> Fruit Platter & cheese</p> <p><i>Lunch</i> Vegetarian Fried Rice Wholemeal Bread and butter</p> <p><i>Afternoon Tea</i> Cheese & chive scones and fruit</p>



Week Three



Week Four

M O N D A Y	<p><i>Morning Tea</i> Fruit Platter & Milk</p> <p><i>Lunch</i> Vegetable risotto Wholemeal Bread and butter</p> <p><i>Afternoon Tea</i> Cheese & sauce scrolls and fruit platter</p>	<p><i>Morning Tea</i> Fruit Platter & Milk</p> <p><i>Lunch</i> Assorted Wraps Wholemeal Bread and butter</p> <p><i>Afternoon Tea</i> Fruit, cheese & veggie platters</p>
T U E S D A Y	<p><i>Morning Tea</i> Fruit Platter & Milk</p> <p><i>Lunch</i> Beef stir fry with noodles Wholemeal Bread and butter</p> <p><i>Afternoon Tea</i> Cheese & corn pitta breads & fruit</p>	<p><i>Morning Tea</i> Fruit Platter & milk</p> <p><i>Lunch</i> Chicken, tomato rice bake Wholemeal Bread and butter</p> <p><i>Afternoon Tea</i> Pears & vanilla yoghurt</p>
W E D N E S D A Y	<p><i>Morning Tea</i> Fruit Platter & Cheese</p> <p><i>Lunch</i> Chicken & corn patties with vegetables Wholemeal Bread and butter</p> <p><i>Afternoon Tea</i> Honey & muesli balls with fruit & milk</p>	<p><i>Morning Tea</i> Fruit Platter & milk</p> <p><i>Lunch</i> Beef Stroganoff with pasts Wholemeal Bread and butter</p> <p><i>Afternoon Tea</i> Fresh fruit salad & milk</p>
T H U R S D A Y	<p><i>Morning Tea</i> Fruit Platter & milk</p> <p><i>Lunch</i> Lasagna and salad Wholemeal Bread and butter</p> <p><i>Afternoon Tea</i> Frozen strawberry yoghurt</p>	<p><i>Morning Tea</i> Fruit Platter & milk</p> <p><i>Lunch</i> Zucchini, tomato & bacon slice Wholemeal Bread and butter</p> <p><i>Afternoon Tea</i> Mixed Sandwiches</p>
F R I D A Y	<p><i>Morning Tea</i> Fruit Platter & Cheese</p> <p><i>Lunch</i> Pumpkin & ricotta cannelloni Wholemeal Bread and butter</p> <p><i>Afternoon Tea</i> Vanilla Pudding & Peaches</p>	<p><i>Morning Tea</i> Fruit Platter & Cheese</p> <p><i>Lunch</i> Tuna, corn & cheese baked potatoes Wholemeal Bread and butter</p> <p><i>Afternoon Tea</i> Cornflake cookies & fruit</p>

